



British Cycling East Midlands — Regional Operating Guide

Version: 2023

1. The Officers of the Region shall consist of Chairperson, Vice Chairperson, Secretary, and Treasurer
2. The Region Committee shall consist of the officers of the Region plus workgroup leads for the disciplines comprising of
 - a. Road and Circuit
 - b. Mountain Bike (All sub genres)
 - c. Cyclo cross
 - d. BMX (All sub genres)
 - e. Track / Velodrome
 - f. Recreational
 - g. Diversity & Inclusion
 - h. Youth and Junior
 - i. E-sports representative
 - j. Gravel Representative

All leads shall have full voting powers.

3. Other persons may be co-opted from time to time for a specific project or purpose, but shall not have any voting powers, and shall vacate the role once the project or purpose is complete
4. The quorum necessary for the Region Committee to transact any business shall be a minimum of five (5) members and shall meet a minimum of 4 times per year.
5. The Agenda for the Annual General Meeting shall be sent to each council member (or secretary), if no delegate(s) nominated 10 days prior to the meeting. Copies are available upon request for all East Midlands members. The agenda should be published also upon the regional website (www.bceastmidlands.com)
6. The Region Committee shall have full disciplinary powers of the Council as specified in the National Bye Laws and shall take full powers of the Council
7. In the event of a committee member being absent from three (3) consecutive Committee meetings without special leave of absence being granted by the Committee or without giving reasons for such absence satisfactory to the committee, the member can be removed from position. A successor shall be elected at the earliest opportunity by the Committee which shall be ratified at the next Council meeting.

8. The Region Council shall comprise of delegates from each of the affiliated Clubs/Associations and Commercially named clubs/teams within the Region. The numbers for each shall be as laid down in the National Bye Laws. The quorum necessary for the Region Council to transact any business shall be 10.
9. The appropriate number of National Councillors, as laid down in the National Bye Laws who must be members of the Region Council, shall be elected annually at the Annual General Meeting.
10. Additional workgroups can be set up where necessary by Regional Officers to assist them in the running of their Regional roles, but should have approval of the regional board in advance
11. Nominations for Region Officers must be accompanied with CV's for distribution to the Council Members prior to the Region Annual General Meeting.
12. East Midlands Region Championships may be held for all cycling disciplines and categories providing there is adequate funding available and sufficient competitor participation.
13. Nominated Region Teams may have their entry fees and part or all of their expenses paid providing there are sufficient funds available from within the Racing Fund, and these expenses have been properly accounted for and authorised by the Region Board.
14. The regional board shall own the design and use of the Regional Kit
15. The Region shall organise updating seminars for all race organisers and officials at least annually.
16. The National Articles of Association, the National Bye Laws and Technical Regulations shall take precedence on any matters not covered by this Regional Operating Guide.
17. If, in the opinion of the Officers of the board, a regional board member is not acting or behaving in obedience of the Governance Guide, then the officers can suspend voting rights to that board member until a time that the member becomes compliant. If however the member is non compliant for a period beyond two board meetings; then the Officers of the board retain the right to remove the board member.

18. Regional Staff are obliged to provide at each noted interval

- a. Updated Regional Development Plan progress (Full board, and BC HQ team / Officers meetings)
- b. Regional Data Report for road and circuit cyclesport events, including appointment of commissaires; provision of permits, and NEG supply to aid the boards understanding of delivery. (Full board and Road and Circuit Events Workgroup)
- c. A Club and Coaching update (Full board)
- d. A partnership update where applicable (Full board and BC HQ team / Officers meetings)

19. Regional Teams shall abide by the Regional Team Selection Process and work alongside the discipline workgroup to govern the selection of riders against a pre-published criteria.